shivAtharvashIrsham

om bhadram karNebhih shruNuyAma devAh bhadram pashyemAkshabhiryajatrAh | sthirairangaistushTuvAmsastanUbhih vyashema devahitam yadAyuh | svasti nah indro vruddhashravAh svasti nah pUshA vishvavedAh | svasti nastArkshyo arishTanemih svasti no brahaspatirdadhAtu ||
om shAntih shAntih shAntihi ||

om devA ha vai svargam lokamAyamste rudramaprucChanko bhavAniti | so abravIdahamekah prathamamAsa vartAmi cha bhavishyAmi cha nAnyah kashchinmatto vyatirikta iti | so antarAdantaram prAvishat dishashchAntaram prAvishat so aham nityAnityo vyaktAvyakto brahmAbrahmAham prAnchah pratyancho aham dakshiNAncha udanchoham adhashchordhvam chAham dishashcha pratidishashchAham pumAnapumAn striyashchAham gAyatryaham sAvitryaham trishTupjagatyanushTup chAham Chando aham gArhapatyo dakshiNAgnirAhavanIyo aham satyo aham gouraham gouryahamrugaham yajuraham sAmAhamatharvAngiraso aham jyeshTho aham shreshTho aham varishTho ahamApo aham tejo aham guhyo ahamaraNyo ahamaksharamaham ksharamaham pushkaramaham pavitramahamugram cha madhyam cha bahishcha purastAjjyotirityahameva sarvebhyo mAmeva sa sarvah sa mAm yo mAm veda sa sarvAn devAn veda sarvAmshcha vedAn sAngAnapi brahma brAhmaNaishcha gAm gobhirbrAhmaNAnbrAhmaNena havirhavishA AyurAyushA satyena satyam dharmeNa dharmam

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tarpayAmi svena tejasA | tato ha vai te devA rudramaprucChan te devA rudramapashyan | te devA rudramadhyAyan tato devA UrdhvabAhavo rudram stuvanti **|| 1 ||**

om yo vai rudrah sa bhagavAn yashcha brahmA tasmai vai namo namah |1|
yo vai rudrah sa bhagavAn yashcha vishNustasmai vai namo namah |2|
yo vai rudrah sa bhagavAn yashcha skandastasmai vai namo namah |3|
yo vai rudrah sa bhagavAn yashchamdrastasmai vai namo namah |4|
yo vai rudrah sa bhagavAn yashchAgnistasmai vai namo namah |5|
yo vai rudrah sa bhagavAn yashcha vAyustasmai vai namo namah |6|
yo vai rudrah sa bhagavAn yashcha sUryastasmai vai namo namah |7|
yo vai rudrah sa bhagavAn yashcha somastasmai vai namo namah |8|
yo vai rudrah sa bhagavAn ye chAshTou grahAstasmai vai namo namah |9|
yo vai rudrah sa bhagavAn ye chAshTou pratigrahAstasmai vai namo namah |10|
yo vai rudrah sa bhagavAn yaccha bhUstasmai vai namo namah |11|
yo vai rudrah sa bhagavAn yaccha bhuvastasmai vai namo namah |12|
yo vai rudrah sa bhagavAn yaccha svastasmai vai namo namah |13|
yo vai rudrah sa bhagavAn yaccha mahastasmai vai namo namah |14|

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yo vai rudrah sa bhagavAn yA cha pruthivI tasmai vai namo namah |15|
yo vai rudrah sa bhagavAn yacchAntariksham tasmai vai namo namah |16|
yo vai rudrah sa bhagavAn yA cha dyoustasmai vai namo namah |17|
yo vai rudrah sa bhagavAn yAshchApastasmai vai namo namah |18|
yo vai rudrah sa bhagavAn yachcha tejastasmai vai namo namah |19|
yo vai rudrah sa bhagavAn yashcha kAlastasmai vai namo namah |20|
yo vai rudrah sa bhagavAn yashcha yamastasmai vai namo namah |21|
yo vai rudrah sa bhagavAn yashcha mrutyustasmai vai namo namah |22|
yo vai rudrah sa bhagavAn yacchAmrutam tasmai vai namo namah |23|
yo vai rudrah sa bhagavAn yacchAkAsham tasmai vai namo namah |24|
yo vai rudrah sa bhagavAn yaccha vishvam tasmai vai namo namah |25|
yo vai rudrah sa bhagavAn yachcha sthUlam tasmai vai namo namah |26|
yo vai rudrah sa bhagavAn yachcha sUkshmam tasmai vai namo namah |27|
yo vai rudrah sa bhagavAn yachcha shuklam tasmai vai namo namah |28|
yo vai rudrah sa bhagavAn yachcha krushNam tasmai vai namo namah |29|
yo vai rudrah sa bhagavAn yachcha krutsnam tasmai vai namo namah |30|
yo vai rudrah sa bhagavAn yachcha satyam tasmai vai namo namah |31|

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yo vai rudrah sa bhagavAn yachcha sarvam tasmai vai namo namah |32| **||2||**

bhUste Adirmadhyam bhuvaste svaste shIrsham vishvarUpo asi brahmaikastvam dvidhA tridhA vruddhistvam shAntistvam pushTistvam hutamahutam dattamadattam sarvamasarvam vishvamavishvam krutamakrutam paramaparam parAyaNam cha tvam | apAma somamamrutA abhUmAganma jyotiravidAma devAn | kim nUnamasmAnkruNavadarAtih kimu dhUrtiramrutam mArtyasya | somasUryapurastAtsUkshmah purushah | sarvam jagaddhitam vA etadaksharam prAjApatyam saumyam sUkshmam purusham grAhyamagrAhyeNa bhAvam bhAvena saumyam saumyena sUkshmam sUkshmeNa vAyavyam vAyavyena grasati tasmai mahAgrAsAya vai namo namah | hrudisthA devatAh sarvA hrudi prANAh pratishThitAh | hrudi tvamasi yo nityam tistro mAtrAh parastu sah | tasyottaratah shiro dakshiNatah pAdou ya uttaratah sa onkArah sa praNavah yah praNavah sa sarvavyApI yah sarvavyApI so anantah yo anantastattAram yattAram tatcChuklam yacChuklam tatsUkshmam yatsUkshmam tadvaidyutam yadvaidyutam tatparam brahma yatparam brahma sa ekah ya ekah sa rudrah yo rudrah sa IshAnah ya IshAnah sa bhagavAn maheshvarah **|| 3 ||**

atha kasmAduchyata omkAro yasmAducchAryamANa eva prANAnUrdhvamutkrAmayati tasmAduchyate omkArah | atha kasmAduchyate praNavah yasmAducchAryamANa eva rugyajuhsAmAtharvAngirasam brahma brAhmaNebhyah prANAmayati nAmayati cha tasmAduchyate praNavah | atha kasmAduchyate

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sarvavyApI yasmAducchAryamANa eva sarvAn lokAn vyApnoti sneho yathA palalapiNDamiva shAntarUpamotaprotamanuprApto vyatishaktashcha tasmAduchyate sarvavyApI | atha kasmAduchyate ananto yasmAducchAryamANa eva tiryagUrdhvamadhastAcchAsyAnto nopalabhyate tasmAduchyate anantah | atha kasmAduchyate tAram yasmAducchAryamANa eva garbha-janma-vyAdhi-jarAmaraNa-samsAra-mahAbhayAttArayati trAyate cha tasmAduchyate tAram | atha kasmAduchyate shuklam yasmAducchAryamANa eva klandate klAmayati cha tasmAduchyate shuklam | atha kasmAduchyate sUkshmam yasmAducchAryamANa eva sUkshmo bhUtvA sharIrANyadhitishThati sarvANi chAngAnyabhimrushati tasmAduchyate sUkshmam | atha kasmAduchyate vaidyutam yasmAducchAryamANa eva vyakte mahati tamasi dyotayati tasmAduchyate vaidyutam | atha kasmAduchyate param brahma yasmAtparamaparam parAyaNam cha bruhadbruhatyA brumhayati tasmAduchyate param brahma | atha kasmAduchyate ekah yah sarvAn prANAn sambhakshya sambhakshaNenAjah samsrujati visrujati tIrthameke vrajanti tIrthameke dakshiNAh pratyancha udanchah prAncho abhivrajantyeke teshAm sarveshAmiha sangatih | sAkam sa eko bhUtashcharati prajAnAm tasmAduchyata ekah | atha kasmAduchyate rudrah yasmAdrushibhirnAnyairbhaktairdrutamasya rUpamupalabhyate tasmAduchyate rudrah | atha kasmAduchyate IshAnah yah sarvAndevAnIshate IshAnIbhirjananIbhishcha shaktibhih | abhitvA shUra nonumA dugdhA eva dhenavah | IshAnamasya jagatah svardrushamIshAnamindra tasthusha iti tasmAduchyate IshAnah | atha kasmAduchyate bhagavAnmaheshvarah yasmAdbhaktAngyAnena

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bhajatyanugruhNAti cha vAcham samsrujati visrujati cha sarvAn bhAvAn parityajyAtmagyAnena yogaishvaryeNa mahati mahIyate tasmAduchyate bhagavAnmaheshvarah | tadetadrudracharitam **||4||**

esho ha devah pradisho nu sarvAh pUrvo ha jAtah sa u garbhe antah | sa eva jAtah sa janishyamANah pratyanjanAstishThati sarvatomukhah | eko rudro na dvitIyAya tasmai ya imAmllokAnIshata IshanIbhih | pratyanjanAstishThati sanchukochAntakAle samsrujya vishvA bhuvanAni goptA | yo yonim yonimadhitishThatyeko yenedam sarvam vicharati sarvam | tamIshAnam varadam devamIDyam nichAyyemAm shAntimatyantameti | kshamAm hitvA hetujAlasya mUlam buddhayA sanchitam sthApayitvA tu rudre rudramekatvamAhuh | shAshvatam vai purANamishamUrjeNa pashavo anunAmayantam mrutyupAshAn | tadetenAtmannetenArdhachaturthena mAtreNa shAntim samsrujati pashupAshavimokshaNam | yA sA prathamA mAtrA brahmadevatyA raktA varNena yastAm dhyAyate nityam sa gacChedbrahmapadam | yA sA dvitIyA mAtrA vishNudevatyA krushNA varNena yastAm dhyAyate nityam sa gacChedvaishNavam padam | yA sA trutIyA mAtrA IshAnadevatyA kapilA varNena yastAm dhyAyate nityam sa gacChedaishAnam padam | yA sArdhachaturthI mAtrA sarvadevatyA avyaktIbhUtA kham vicharati shuddhasphaTikasannibhA varNena yastAm dhyAyate nityam sa gacChetpadamanAmayam | tadetadupAsIta munayo vAgvadanti na tasya grahaNamayam panthA vihita uttareNa yena devA yAnti yena pitaro yena rushayah paramaparam parAyaNam cheti | vAlAgramAtram hrudayasya madhye vishvam devam

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jAtarUpam vareNyam | tamAtmastham ye nu pashyanti dhIrAsteshAm shAntirbhavati netareshAm | yasmin krodham yAm cha trushNAm kshamAm chAkshamAm hitvA hetujAlasya mUlam buddhayA sanchitam sthApayitvA tu rudre rudramekatvamAhuh | rudro hi shAshvatena vai purANeneshamUrjeNa tapasA niyantA | agniriti bhasma vAyuriti bhasma jalamiti bhasma sthalamiti bhasma vyometi bhasma sarvam ha vA idam bhasma mana etAni chakshUmshi yasmAd vratamidam pAshupatam yad bhasma nAngAni samsprushettasmAd brahma tadetatpAshupatam pashupAshavimokshaNAya **|| 5 ||**

yo agnou rudro yo apsvantarya oshadhIrvIrudha Avivesha | ya imA vishvA bhuvanAni chaklrupe tasmai rudrAya namo astvagnaye | yo rudro agnou yo rudro apsvantaryo rudra oshadhIrvIrudha Avivesha | yo rudra imA vishvA bhuvanAni chaklrupe tasmai rudrAya vai namo namah | yo rudro apsu yo rudra oshadhIshu yo rudro vanaspatishu | yena rudreNa jagadUrdhvam dhAritam pruthivI dvidhA tridhA dhartA dhAritA nAgA ye antarikshe tasmai rudrAya vai namo namah |

mUrdhAnasya samsevyApyatharvA hrudayam cha yat | mastishkAdUrdhvam prerayatyavamAno adhishIrshatah | tadvA atharvaNah shiro devakoshah samujjhitah | tat prANo abhirakshati shiro antamatho manah | na cha divo devajanena guptA na chAntarikshANi na cha bhUma imAh | yasminnidam sarvamotaprotam tasmAdanyanna param kinnchanAsti | na tasmAtpUrvam na param tadasti na bhUtam nota bhavyam yadAsIt | sahasrapAdekamUrdhnA vyAptam sa evedamAvarIvarti bhUtam | aksharAt sanjAyate

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kAlah kAlAd vyApaka uchyate | vyApako hi bhagavAn^rudro bhogAyamAno yadA shete rudrastadA samhAryate prajAh | ucChvasite tamo bhavati tamasa Apo apsvangulyAh mathite mathitam shishire shishiram mathyamAnam phenam bhavati phenAdaNDam bhavatyaNDAd brahmA bhavati brahmaNo vAyuh vAyoronkAra omkArAt sAvitrI sAvittryA gAyatrI gAyatryA lokA bhavanti | archayanti tapah satyam madhu ksharanti yaddhruvam | etaddhi paramam tapah Apo jyotI raso amrutam brahma bhUrbhuvah svarom nama iti **|| 6 ||**

ya idamatharvashiro brAhmaNo adhIte ashrotriyah shrotriyo bhavati anupanIta upanIto bhavati so agnipUto bhavati sa vAyupUto bhavati sa sUryapUto bhavati sa somapUto bhavati sa satyapUto bhavati sa sarvapUto bhavati sa sarverdevairgyAto bhavati sa sarvervedairanudhyAto bhavati sa sarveshu tIrtheshu snAto bhavati tena sarvaih kratubhirishTam bhavati gAyatryAh shashTisahasrANi japtAni bhavanti itihAsapurANAm rudrANAm shatasahasrANi japtAni bhavanti | praNavAnAmayutam japtam bhavati | sa chakshushah panktim punAti | A saptamAt purushayugAnpunAtItyAha bhagavAnatharvashirah sakrujjaptvaiva shuchih sa pUtah karmaNyo bhavati | dvitIyam japtvA gaNAdhipatyamavApnoti | trutIyam japtvaivamevAnupravishatyom satyamom satyamom satyam **|| 7 ||**

ityupanishat ||

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om bhadram karNebhih shruNuyAma devAh bhadram pashyemAkshabhiryajatrAh | sthirairangaistushTuvAmsastanUbhih vyashema devahitam yadAyuh | svasti nah indro vruddhashravAh svasti nah pUshA vishvavedAh | svasti nastArkshyo arishTanemih svasti no brahaspatirdadhAtu ||
om shAntih shAntih shAntihi ||

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